

**DEFENSIVE DRIVING AND TRAFFIC PSYCHOLOGY COURSE:**

This course is tailored for the corporate group who wants to improve the driving behaviour of their employees in an impactful, onsite training course. No need to travel to our facilities, we come to you. All we need is a lecture room and the surrounding roads to make the clients realise that driving is an important every day skill that we need to master. We do “pre” and “post” evaluations in order to establish driving skill and thereafter if lessons have been learned. With an impactful open theory session, we delve into the dangers of driving on our roads. There is the additional option of having the drivers filmed and evaluated with our state of the art Eye Drive cameras, where we can play back bad habits and correct. The day ends with a coach drive and brain storming session. Cost effective and impactful, let’s start by making our roads safer. This course can be complimented with the Anti-Hijack lecture, but comes at an additional cost and booking preference for larger group bookings.

**VENUE:** Nationwide, as per clients requirements  
(Conference seating for 15-pax)

**COST:** Price is dependent on numbers and location

**CATERING:** To be arranged by client

**TRAINING CURRICULUM**

08h00 – 08h30 **Arrival & Introduction**  
Optional - Tea/Coffee & Muffins

08h30 – 10h30 **Evaluation drive:**  
Each driver will be taken through a 20-minute Evaluation drive to establish their driving temperament and skill level.

10h30 – 12h00 **Theory:**  
Defensive Driving Techniques  
Walk of Life  
Vehicle sympathy  
Economical driving  
Forces acting on a vehicle  
Braking/Acceleration – ABS vs. no ABS  
Cornering  
Anticipation driving



12h00 – 12h30 Lunch

12h30 – 12h45 **Vehicle walk of life practical**

12h45 – 13h00 **Correct seating position**

13h00 – 13h30 **Practical braking demonstration: (Facility dependant)**  
Including Braking distance  
ABS vs non ABS



13h30 – 14h30 **Practical Defensive driving demonstration:**  
Delegates will be driven to various road conditions nearby.  
Discussions and safe driving techniques will be demonstrated and practiced.

14h30 – 15h00 **Defensive Driving brainstorming session**

15h00 Certificate hand over

**\*Optional:** “ iDrive video of Evaluation at R350 per person excluding VAT