

## COLLISION AVOIDANCE DRIVING COURSE

This course covers the fundamentals of Defensive and Collision avoidance techniques. Tailored for any driver, from someone who has just received their license to that of someone with 30 years driving experience. The morning consists of a very informative theory session, thereafter one heads to the likes of the skidpan & aquaplaning deck where practical application is applied. The afternoon covers a basic Defensive Driving track drive on an internal track at Gerotek, with no 3rd party influence, this is followed by an evaluation and coaching session. This course can be complimented with the Anti-Hijack lecture, but comes at an additional cost and booking preference for larger group bookings.

VENUE: Gerotek Training Facilities (Pretoria West)

COST: R2, 900.00 per person (including VAT)

CATERING: Tea/Coffee/Muffins on arrival, Buffet lunch, Coldrinks

**\*Courses are run subject to a minimum of 10-drivers on the day**

### TRAINING CURRICULUM

08h00 – 08h30 **Registration** on arrival at Gerotek (Meet at Sidibane Restaurant)  
Tea/Coffee & Muffins

08h30 – 09h30 **Theory:**  
Defensive Driving Techniques  
Walk of Life  
Vehicle sympathy  
Economical driving  
Forces acting on a vehicle  
Braking/Acceleration – ABS vs. no ABS  
Cornering  
Anticipation driving



09h30 – 10h00 **Long Straight Practical**  
Pre-trip Inspection  
Correct Seating Position  
Braking realisation and stopping distance

10h00 – 12h00 **Practical Skidpan training**  
Four wheel skid and loss of steering ability  
Cadence braking  
Emergency Lane change  
Understeer / Oversteer



12h00 – 12h30 **Aquaplaning**

12h30 – 13h00 Buffet Lunch

13h00 – 14h30 **Basic Defensive Driving Techniques on the Ride & Handling Track**  
Causes  
Avoidance  
Evasive Moves  
Acceleration / Braking in bends  
Relative Speed  
Lane Positioning

14h30 – 15h30 **Post assessment drive** (15 mins per driver)

15h30 – 16h00 **Debriefing & Presentation** – Course Material, Certificates & Academy Caps