

ADVANCED DEFENSIVE & COLLISION AVOIDANCE COURSE

This particular course is our most advanced in terms of covering the techniques required for correct Defensive Driving application. There is an informative theory session in the morning, followed by practical driving experience on the skid pan and aquaplaning deck thereafter. After lunch the essential Defensive Driving techniques will be brought to the fore when the clients head out onto the busy roads of Pretoria West and lifesaving lessons will be learnt from one on one driver coaching and observation, while also being assessed. This course can be complimented with the Anti-Hijack lecture, but comes at an additional cost and booking preference for larger group bookings.

VENUE: Gerotek Training Facilities (Pretoria West)

COST: R3, 100.00 per person (including VAT)

CATERING: Tea/Coffee/Muffins on arrival, Buffet lunch, Coldrinks

***Courses are run subject to a minimum of 10 and maximum 14-drivers on the day**

TRAINING CURRICULUM

08h00 – 08h30 **Registration** on arrival at Gerotek (Meet at Sidibane Restaurant)
Tea/Coffee & Muffins

08h30 – 09h30 **Theory:**
Defensive Driving Techniques
Walk of Life
Vehicle sympathy
Economical driving
Forces acting on a vehicle
Braking/Acceleration – ABS vs. no ABS
Cornering
Anticipation driving



09h30 – 10h30 **Long Straight Practical**
Pre-trip Inspection
Correct Seating Position
Braking realisation and stopping distance



10h30 – 12h00 **Practical Skidpan training**
Four wheel skid and loss of steering ability
Cadence braking
Emergency Lane change
Understeer / Oversteer

12h00 – 12h30 **Aquaplaning**

12h30 – 13h00 Buffet Lunch

13h00 – 15h30 **Advanced Defensive Driving Techniques on the Public roads**

Causes
Avoidance
Evasive Moves
Acceleration / Braking in bends
Relative Speed
Lane Positioning

15h30 – 16h30 **Post assessment drive** (15 mins per driver)



14h30 – 17h00 **Debriefing & Presentation** – Course Material, Certificates & Academy Caps